

# Manhattan Adult Education

**The Manhattan Adult Education Program announces the 2020 spring class offerings.**

**Manhattan School District will be offering a variety of adult education classes this spring for your consideration.**

- ♦ **We are very excited to offer several classes this spring ranging in length from one evening to six weeks long.**
- ♦ **Classes will again be offered for free this spring, as a thank you to our community members for your continued support of our schools.**
- ♦ **If the class has a materials fee, that fee will be payable directly to the instructor at the first class session.**
- ♦ **Some classes will fill up quickly, so please register early.**
- ♦ **In order to participate in the adult ed program, you must be at least 18 years old and must be out of high school.**
- ♦ **Only people enrolled in any class are allowed to attend that class.**
- ♦ **Children are not allowed to attend classes with their parents.**
- ♦ **If the minimum number of people do not register for a class by one week before the class begins, we will cancel the class.**

## **REGISTRATION PROCESS THIS YEAR**

**Since there will not be any cost to take classes this spring (other than materials fee for a couple of classes), all you need to do to register is to call, text or email Ginny Francis, Adult Ed Coordinator.**

**You can call or text (406)581-6843 or email [ginnyfrancis@yahoo.com](mailto:ginnyfrancis@yahoo.com).**

**Please include the name of the class, your name, phone number and email, if you have one.**

**Please register early, as many classes have maximum sizes.**

**If not enough people sign up by one week before the class, we will cancel that class and you will be notified.**

**If you have any questions, contact Ginny Francis at the above number.**

**Meet new people. Learn new skills. Have fun .  
Thank you for supporting Manhattan Adult Education.**

## Manhattan School District Adult Education One Night Classes

Class Title: **Instant Pot 101**

Instructor: Nancy Francis 406.579.4555

Meeting Date: Wednesday, Feb. 26, 2020 (6:00 – 8:30pm)

Note: a second class will be added if necessary

Location: MHS FCS Classroom

Materials Fee: \$10.00 to cover food that you will eat (payable to instructor at class)

Description: Join me for some Instant Pot Pressure Cooker **basics**. I will demonstrate how to conduct the “water test” and cook a few recipes. We will prepare a vegetable, main dish, dessert, and breakfast showing how to use some of the IP accessories and Instant Pot features. Don’t have an Instant Pot brand pressure cooker? No worries, everything demonstrated will be transferable to other brands. Copies of recipes will be provided.

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Class Title: **Securing Your Smart Phone – Tips and Tricks**

Instructor: Matt Bunko bunkos2@gmail.com

Meeting Dates: Section 1 – Wednesday, April 15, 2020 (6:30 -8:00pm) Please sign up for one session only

OR Section 2 – Wednesday, April 22, 2020 (6:30 –8:00pm)

Location: MHS Science Room 1

Description: Technology in the palm of our hands is continuing to become more complex. This class will provide the tips and tricks you need to be aware of to help keep you and your data secure on your smart phone. Learn about how to tell if the apps are safe you download and use. Some free tools out there to keep you safe and then question and answer throughout and at the end of the class. This class surrounds android and apple smart phones. Bring your smart phone and charger if you need it.

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Class Title: **Basics of SELLING a Home**

Instructor: Nancy Clark

Meeting Date: Thursday, April 23, 2020 (6:30 to 8:30pm)

Location: MHS Science Classroom 1

Description: What is your home worth? Are you considering selling your home, but need more information? This is the class for you. Topics to be discussed include: getting the most for your property; home improvements add the most value; marketing tips and the process of selling. Have your questions answered here by #1 Real Estate Brokerage in Manhattan.

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Class Title: **Basics of BUYING a Home**

Instructor: Nancy Clark and Bob Fenno

Meeting Date: Thursday, April 16, 2020 (6:30 to 8:30pm)

Location: MHS Science Classroom 1

Description: Are you thinking of buying a house? Come and learn how to make a good investment even in a strong Seller’s market. This class will help you learn about negotiating, appraisals, inspections and financing. Don’t be overwhelmed by the process, come to the class and get your questions answered by #1 Real Estate Brokerage in Manhattan’s market. Bob Fenno, Vice President Manhattan Bank, will address the financing side of purchasing a home.

**Class Title: Families and Legacies: Challenging Decisions**

Instructor: Dr. Marsha Goetting 406.994.5695

Meeting Date: Tuesday, March 3, 2020 (6:30 to 8:30pm)

Location: MHS Science Room 1

Description: Do you know who will receive your property if you pass away without an estate plan? Do you know how title on your real and personal property impacts who receives it upon your death? Dr. Marsha Goetting, Montana State University Extension Family Economics Specialist will answer these questions and also explore how you can avoid probate with payable on death designations (PODs), transfer on death registrations (TODs), and other beneficiary designations. During this informative presentation, Dr. Marsha Goetting combines her appreciation of Montana wildflowers with her desire to help you remember strategies to make estate planning easier and less expensive.

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**Class Title: To quote Shakespeare: To have a trust or a will...Aye, that is the question**

Instructor: Dr. Marsha Goetting 406.994.5695

Meeting Date: Tuesday, March 10, 2020 (6:30 to 8:30pm)

Location: MHS Science Room 1

Description: Although revocable living trusts have existed for many years, they have recently gained more visibility. You may have read newspaper advertisements for free seminars on the benefits of a revocable living trust, or perhaps you've seen television commercials suggesting that everyone should have one. A revocable living trust can be an excellent tool for some types of estate planning, but it is not an appropriate choice for everyone. Dr. Goetting will explore the advantages and disadvantages of revocable living trusts, testamentary trusts, and wills. She will also investigate alternative legal arrangements that are less expensive and may accomplish your goals more effectively, such as a durable power of attorney. She will keep you actively involved by having you answer questions during the session using response clickers.

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**Class Title: Financial and Estate Planning Legal Tools for the Early Stages of Alzheimer's, Dementia or other Cognitive Impairments**

Instructor: Dr. Marsha Goetting 406.994.5695

Meeting Date: Tuesday, April 28, 2020 (6:30 to 8:30pm)

Location: MHS Science Room 1

Description: This session is for people who know someone who may be showing symptoms of Alzheimer's. It's also for caregivers who face "double planning legacy planning". Learn what legal and financial steps should be taken before a diagnosis of Alzheimer's, related dementias or cognitive impairment and what alternatives are left after diagnosis. Don't miss this opportunity to participate in a presentation that is not only enlightening, but also interesting. Dr. Goetting has a reputation for her ability to make presentations interesting and useful to participants. She will keep you actively involved by having you answer questions throughout the session.

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**Class Title: Introduction to Dutch Oven Cooking**

Instructor: Scott Francis 406.581.6845 or sfrancismhs@yahoo.com

Meeting Date: Tuesday, April 21, 2020 (6:00 to 8:30pm) – plan to eat dinner

Location: Activities Room and Outside in front of the school

Materials fee: \$15.00 for food (payable to instructor at class)

Description: The class will introduce the basics of Dutch Oven Cooking. The students will learn the history of Dutch Oven Cooking, types of equipment needed, and basic techniques. There will be recipes and ideas for meal preparation shared with the class. The students will have the opportunity to prepare a simple meal and enjoy the tasty vittles.

## Manhattan School District Adult Education Multiple Night Classes

Class Title: **Investing 101**

Instructor: Paul Jones 581-9402

Meeting Dates: Wednesdays, March 11, 18 and 25, 2020 (7:00 to 9:00pm)

Location: MHS Science Room 1

Description: This class will cover the basics of investments accounts (retirement account to individual accounts) what goes on in the markets and how that effects the investment accounts. We will cover insurance (life, LTC and disability) beneficiary designation of all kinds of accounts. We will also cover basic estate planning and how the documents work and why you need them. All other questions that come up will be covered as well.

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Class Title: **Beginning Fly Fishing**

Instructor: Larry Hicketier 406.599.3780 or [larry.hicketier@yahoo.com](mailto:larry.hicketier@yahoo.com)

Meeting Dates: Mondays - April 6, 13, 20, 27, May 4, and 11, 2020 (6:30 to 8:30pm)

Location: Jr. High Gym (old High School Gym) and Outside, as weather allows

Equipment Needed: fly rod, fly line, leader, reel, backing, tippet

NOTE: do NOT buy any equipment until after the first class. Bring supplies you have to first class.

Description: This class will prepare the beginning fly fisher to have an enjoyable and safe experience on the river, stream or lake. It will cover among other things: safety, ethics, equipment, elementary entomology, knots, tactics and casting.

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Class Title: **The Fun Fast Game of Eucre**

Instructor: Cheryl Curry 240.273.2294 or [cherylannecurry@gmail.com](mailto:cherylannecurry@gmail.com)

Meeting Dates: Thursdays, Feb. 27, Mar. 5, 12, 19, 26 and Apr 2, 2020 (6:30-8:30pm)

Location: Activities Room

Description: Learn a fast, fun card game played in the upper midwest and Canada. It is played with the 24 high cards of a deck. The class will cover rules of the game, some strategy, and basic play. Beginners and veterans wanting a refresher or just to get into the game are welcome!

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Class Title: **Essential Oils for Optimal Health**

Instructor: Roberta Paul 539.2305 or [tenderheartoils@gmail.com](mailto:tenderheartoils@gmail.com)

Meeting Dates: Thursdays, March 19, 26, April 2 & 9, 2020 (6:30 to 8:30pm)

Location: MHS Science Room 1

Materials: Bring notebook to take notes, \$5 fee for each optional make & take item

Description: Learn about essential oil basics for women, men, and children, as well as for pain and for cleaning.

**Class Title: Crochet Rug Making**

Instructor: Ann Ward-Turner 609-290-7846 or annmw@q.com

Meeting Dates: Tuesdays, March 17, 24, 31, April 7 & 14, 2020 (6:30-8:30pm)

Location: Activities Room

Materials for participants to provide: Fabrics (and color combinations) of your own choosing. Old sheets purchased at thrift stores work very well, or inexpensive fabric. Fabrics should be medium to lighter weight. Heavy fabrics do not crochet easily. A 19/5.50mm (or similar size) crochet hook. Scissors. Rotary cutter and cutting board, if you have one. Instructor will provide one and we can share.

Note: Instructor may have a few extra sheets available for people to purchase at a small charge if the colors would fit your color scheme.

Description: Using colorful fabric strips of your own choosing, a couple of simple crochet stitches, and a crochet hook you can make a beautiful, long-lasting, washable rug for any room of the house. Several who knew little to nothing about crocheting have taken this class in the past and completed rugs. It's a fun way to keep your hands busy on long winter nights.

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**Class Title: History of Wildlife Conservation and Boone & Crockett Scoring**

Instructor: Scott Francis 581.6845 or sfrancismhs@yahoo.com

Meeting Dates: Tuesdays, March 31 and April 7, 2020 (6:30 to 8:30pm)

Location: Activities Room

Materials: Pen and paper to take notes

Description: The first night of class, the instructor will introduce the North American Model of Wildlife Conservation and discuss the principles of wildlife management. Outdoor education will also be discussed.

The second night of class, participants are asked to bring in antlers, horns, and skulls of Montana Big Game Animals. The participant will learn how to score the specimen brought to class, according to Boone & Crockett scoring.

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**Class Title: Basic 2D, Computer Aided Metal Art Design**

Instructors: Joshua Mostad and Jason Slater

Meeting Dates: Wednesdays, March 4, 11, 18, 25, April 1 & 8, 2020 (6:30 to 8:30pm)

Location: MHS Shop

Materials Fee: Students may either bring their own materials or purchase them through the shop. Cost of wood and steel varies depending on size, type, and quantity. Projects will range from (\$10-\$100)

Description: This is an introductory Metal Art class that will blend computer technology with wood and metal manufacturing. Students will go through the process of using a computer to create a toolpath from an image on a computer screen. Once designs are made a computer controlled plasma cutter will cut out the image.

Students will use hand tools to finish their projects. This is a beginner's class and projects will resemble basic welcome signs and similar designs.

**Class Title: Sew Much Fun – Basic Sewing**

Instructor: Ginny Francis 581.6843 ginnyfrancis@yahoo.com

Meeting Dates: Mondays, March 2, 9, 16, 23 & 30, 2020 (6:30 to 9:00pm)

Location: Activities Room

Materials Needed: participants will need a sewing machine and basic sewing supplies. A list of materials needed will be emailed to all participants before the first class.

Description: This is a sewing class designed for a person who has minimal sewing experience or has not recently used sewing skills, but would like to tune up those skills. Participants will complete two simple projects – a pillow case and a bag. Refresh your skills while exploring your creativity.

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**Class Title: Paper Piecing (Quilting)**

Instructor: Ginny Francis 581.6843 ginnyfrancis@yahoo.com

Meeting Dates: Mondays, April 6, 13, 20, 27, May 4 & 11, 2020 (6:30 to 9:00pm)

Location: Activities Room

Materials: Participants will get a list of materials needed at the first class. A sewing machine and basic sewing supplies will be needed. The materials needed for the project will be provided by the participant.

Description: Paper piecing is a great quilting technique that results in very precise points and seams. This is a unique technique that allows you to sew lines on paper, so you do not have to have advanced sewing skills to do this technique. Projects will be determined the first night of class, such as a table runner or decorative pillow.

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**Class Title: Photography Basics**

Instructor: Joni Dietz 406.580.8828 or risingwolfstudio@msn.com

Meeting Dates: Mondays, March 2, 9 & 16, 2020 (6:30 to 8:30pm)

Location: MHS Science Room 1

Materials: Bring your DSLR camera (not point and shoot) as well as your camera’s manual, and pen & paper to take notes.

Description: Take your camera off of auto! In this class you will learn the basic principles of photography, lenses, and composition. You will also learn how to create images using manual mode on your DSLR camera. By understanding how your camera works, you can make your images from your mind’s eye.

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We may possibly be offering a **line dance class** later this spring, Please watch for details. If you are interested in a line dancing class, please call Ginny Francis at 581-6843 to get your name on a list. Thank you.

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Thank you to all of the instructors who are offering their expertise to make our Manhattan Adult Education Program such a success. Please register early for classes. Many classes fill up fast.

### **Meet the Instructors:**

Matt Bunko has 25 years of IT and Cyber Security oversight throughout federal and state government. Matt holds a Masters in Information Systems and a Bachelors in Business Management. Matt was born and raised in Montana and after a 20 year career (10 years in the US Coast Guard & 10 Years Federal) moving from Alaska to Colorado he has come home to finish raising his family.

Nancy Clark is a Realtor at AmeriMont Real Estate in Manhattan. She has been with AmeriMONT for 6 years and did over \$10 million in transactions in 2019. In 2018, she was #1 in sales in Manhattan, both in number of transactions and volume.

Cheryl Curry is a teacher with Manhattan Schools who has played Eucre for over 40 years. This game is a favorite pastime at her family gatherings in the Detroit area that is played for hours at a time.

Joni Dietz, CPP is a Certified Professional Photographer through Professional Photographers of America. She is an active member of PPA, 1<sup>st</sup> Vice president of MT PPA, and has owned and operated a photography business since 2004. She has won the Top Ten Photographers award for MPPA for the last 5 yrs.

Bob Fenno is Vice President at Manhattan Bank and does both residential and commercial loans. Ginny Francis, a retired Family and Consumer Sciences Teacher, has been sewing since she was 8 years old. She started quilting a few years ago and enjoys teaching sewing and quilting classes.

Nancy Francis, who teaches at Belgrade High School, is a home instant pot user, who is willing to share what she has learned.

Scott Francis, a retired teacher, with 30 years of experience teaching Math and Science. He is currently the Outdoor Education Coordinator for the Montana 4-H Center for Youth Development, in charge of Shooting Sports, Wildlife & Conservation, Sport Fishing, and Outdoor Education. He is a staff member of American Wilderness Leadership School in Jackson, Wyoming, and has been a Shooting Sports Leader for 17 years. He is also a Dutch oven cooking enthusiast.

Marsha Goetting is a Professor and Extension Family Economics Specialist at Montana State University in Bozeman. From 2016 to 2018 she presented over 220 financial and estate planning programs reaching 6,700 Montanans. She has received state, regional and national state awards for her programs. In 2017 she received the *2017 Western Region Excellence in Extension Award*, from Cooperative Extension, the National Institute of Food and Agriculture and Association of Public and Land-grant Universities. Dr. Goetting received her Bachelors and Masters' degrees from Kansas State University and a PhD from Iowa State University.

Larry Hickethier is a lifetime fisherman. He was a fly fishing guide for 13 years. He also designed and taught a 1 credit fly fishing course at Utah Valley University and has taught for 37 years.

Paul Jones is a Certified Financial Planner CFP and investments advisors with 15 years' experience.

Joshua Mostad, lead instructor for the Metal Art Design Class, is a recent graduate from M.S.U. and has a B.A. in Industrial Technology.

Jason Slater, assistant instructor for the Metal Art Design Class, is also an M.S.U. graduate, has over 10 years experience, and has a B.A. in Industrial Tech.

Roberta Paul has been a Wellness Advocate for four years.

Ann Ward-Turner has taught Crochet Rug Making Class several times in Adult Education, as well as teaching it to several individuals.