

Manhattan Adult Education

The Manhattan Adult Education Program announces a limited number of spring class offerings

This spring, Manhattan School District will be offering a mini-adult education program, with only a few classes being offered this time.

Next year, we will return to a full slate of classes to be offered for the adults in our community.

- ♦ **We are very excited to offer a few classes this spring ranging in length from one evening to a few weeks long.**
- ♦ **Classes will be offered for free this spring, as a thank you to our community members for your continued support of our schools.**
- ♦ **If the class has a materials fee, that fee will be payable directly to the instructor at the first class session.**
- ♦ **Some classes will fill up quickly, so register early.**
- ♦ **In order to participate in the adult ed program, you must be at least 18 years old.**
- ♦ **Only people enrolled in any class are allowed to attend that class.**
- ♦ **Children are not allowed to attend classes.**
- ♦ **If the minimum number of people do not register for a class, we will cancel the class.**

REGISTRATION PROCESS THIS YEAR

Since there will not be any cost to take classes this spring (other than materials fee for a couple of classes), all you need to do to register is to call, text or email Ginny Francis, Adult Ed Coordinator.

You can call or text (406) 581-6843 or email ginnyfrancis@yahoo.com.

Please include name, phone number and email, if you have one.

Please register early, as some classes have maximum sizes.

If not enough people sign up by one week before the class, we will cancel that class and you will be notified.

Thank you for supporting Manhattan Adult Education.

Class Offerings

Class Title: **Introduction to Dutch Oven Cooking**

Instructor: Scott Francis @ 284-6843, 581-6845

Meeting Date: Wednesday, May 9, 2018 (6:00 to 9:00pm)

Location: Science Room 1 and area outside the classroom

Class materials fee: \$10.00 (payable to instructor at class)

Description: This class will introduce participants to the basics of Dutch Oven Cooking. The history of Dutch oven cooking, types of equipment needed, seasoning and care of the ovens and basic techniques will be discussed. Recipes and ideas will be shared. Participants will help prepare and get to enjoy eating some delicious dishes prepared in Dutch ovens.

Scott Francis is a retired math and science teacher, who taught at Manhattan High School. He is currently the Outdoor Ed Coordinator for Montana 4-H. He is a certified 4-H shooting sports instructor and is a certified archery instructor for the National Archery in the Schools Program., as well as a Dutch oven cooking enthusiast.

Class Title: **(Estate Planning) Wildflower Reflections: Families and Legacies: Challenging Decisions**

Instructor: Dr. Marsha Goetting

Meeting Date: Thursday, May 3, 2018 (6:30 to 9:00pm)

Location: Manhattan High School Classroom

Description: While everyone owns some type of property—saving accounts, stocks, mutual funds, automobiles or a home—many are unaware how the wording on accounts, titles, or deeds determines who receives them upon the owner's death. *“Most people have strong feelings about who gets the property we have worked so hard to accumulate,”* says Dr. Marsha Goetting, Montana State University Extension Family Economics Specialist. Dr. Goetting has combined her career-long emphasis in estate planning with her recent passion for wildflowers in a creative presentation. Regardless of your age, financial situation, or marital status you will learn facts that will help you jump-start your estate planning preparations.

Marsha Goetting is a Professor and Extension Family Economics Specialist at Montana State University. During 2016 and 2017 she presented 140 financial and estate planning programs reaching 4,800 Montanans. She has received state, regional and national state awards for her programs. Dr. Goetting received her Bachelors and Masters degrees from Kansas State University and a PhD from Iowa State University.

Class Title: **Basics of SELLING a Home**

Instructors: Nancy Clark and Lora Thorson

Meeting Date: Wednesday, April 18, 2018 (6:30 to 8:00pm)

Location: Manhattan High School Classroom

Description: Are you considering selling your home, but need more information? This is the class for you. Topics to be discussed include: getting the most for your property, marketing tips and the process of selling. Have your questions answered here.

Nancy Clark is a Realtor at AmeriMont Real Estate in Manhattan. Lora Thorson is Director of Marketing at AmeriMont Real Estate in Manhattan.

Class Title: **Basics of BUYING a Home**

Instructors: Nancy Clark and Kevin Dundas

Meeting Date: Wednesday, April 25, 2018 (6:30 to 8:30pm)

Location: Manhattan High School Classroom

Description: Buying a home can be an overwhelming process. This class will help you learn about negotiating, appraisals, inspections and the financing process. Be sure to bring your questions.

Nancy Clark is a Realtor at AmeriMont Real Estate in Manhattan. Kevin Dundas is a Loan Officer and Vice-president at Manhattan Bank and will cover the lending process for you.

Class Title: **Rag Quilts**

Instructor: Ginny Francis @ 581-6843 or ginnyfrancis@yahoo.com

Meeting Dates: 5 Tuesday Evenings—April 17, 24, May 1, 8 and 15, 2018 (6:30 to 9:00pm)

Location: MHS Activities Room

Description: Rag quilts are not made of rags at all, but have seams on the outside that are cut so that they will ravel. The more they are washed, the more they ravel. This techniques can be used for baby quilts, throws, bed quilts, or even clothing. Various types of fabric will work, flannel, denim, scraps or even fleece. A list of required supplies and materials will be provided at the first class. The first class will be shorter. Supplies (including a sewing machine) will be required. If you have questions about this class, please contact the instructor.

Ginny Francis is a retired Family and Consumer Sciences Teacher. She loves sewing and quilting and has taught several sewing and quilting classes for people ranging from 5 years old to well into adulthood. She teaches 4-H sewing also.

Class Title: Computer: **Windows 10 Tricks and Tips**

Instructor: Todd Lucier

Meeting Dates: 3 Monday evenings—April 23, 30 and May 7, 2018 (6:30 to 8:00pm)

Location: MHS Computer Lab

Description: Participants will learn the differences and similarities between Windows 7 and Windows 10. You will learn time savers, shortcuts, etc.

Maximum enrollment—16

Todd Lucier has been a Business and Computer Teacher for 31 years and has been the District Tech Coordinator for the last 16 years.

Class Title: **Junk Journal/ Altered Art**

Instructor: Suzanne Rowe

Meeting Dates: 4 Thursday evenings—April 26, May 3, 10 and 17, 2018 (5:30 to 7:30pm)

Location: Manhattan High School Life Skills Classroom

Class Materials Fee: \$15 if you want to use the instructor's supplies (payable at the first class) or no fee if you bring your own supplies & materials (PLEASE specify when registering if you will bring your own supplies or use those provided by instructor)

Description: Altered art often includes many different techniques and materials. In this class, a book will be repurposed to be a journal. They make wonderful gifts as well as being a fun way to keep momentos, use as a scrapbook, recipe book or just have to look at. Books will be used as the foundation of the journal. You will be taught assembly methods, how to make add ons, such as pockets and embellishments. Possible materials needed: books with an interesting cover, scrapbook paper, tissue paper, old music, recycled junk mail, tags, ribbon, string, yarns, washi tapes, stamps and ink, embossing powder, heat gun, sewing machine, elastic bands, beads, paints and stains, jewelry findings, punches, book binding tape, fabric and other odds and ends.

Suzanne Rowe, a Life Skills Teacher at MHS, has a BS in Art Education, with endorsements in elementary ed and special ed. She enjoys creative outlets in ceramics, watercolors, acrylic, jewelry, quilting and altered art. She lives with her husband west of Whitehall, where they raise Australian Shepherds, turkeys, chickens and horses.

Class Title: **Fundamentals of Movement....to Protect the Spine**

Instructor: Marnie Lyon

Meeting Date: Thursday, April 19, 2018 (7:00 to 9:00pm)

Location: MHS Activities Room (PLEASE bring water, wear comfortable clothing and tennis shoes)

Description: Learn ways to move, doing the things you love that engage the core muscles through out the day, sparing the spine

Marnie Lyon, an ACE Certified Personal Trainer, Health and Wellness Coach, focuses on functional fitness & the deconditioned adult, neuro-myofascial rehydration and Rock Steady Boxing, intensity training for those living with Parkinsons Disease. Her training has given her experience with post-rehab for hip, knee and shoulder injuries, helping motivate those who would rather not exercise, and empowering those who care for someone with dementia through individual, group and social engagement.